

Feeling Overwhelmed?

Do you find yourself overwhelmed by the challenges of leadership? Perhaps you feel resentful when others don't contribute as much as

you do. And do you ever hesitate to involve others in completing tasks?

We understand these struggles and would like to help you grasp the power and significance of making clear requests and promises in driving successful outcomes.

This workshop is specifically tailored to enhance your delegation skills, enabling you to evolve into a leader who is both impactful and empathetic. By honing these abilities, you will improve your overall efficiency, ultimately equipping you to deftly navigate the intricate challenges of leadership with poise and a clear sense of purpose.



UCT
Certificate Award
100% Attendance

What can you expect from this course

- Registered 1-day UCT Short Course.
- Equips participants with the skills to make effective requests, promises, and offers, thus optimizing business outcomes.
- Imparts essential knowledge on delegating authority and tasks, allowing individuals to harness their team's potential and achieve maximum results.
- Understand your personal barriers to delegating as a crucial step in becoming a more successful leader.
- Participants will also gain a comprehensive understanding of the theory of Language as Action - Speech Acts, which can be a game-changer in how they interact and communicate.
- Fosters a deeper appreciation of how mastering requests and promises can lead to improved leadership skills, resulting in efficiency and productivity.
- All conversations are based on theoretical foundations of our Integral Coaching approach.

<p>Course outcomes</p>	<p>At the end of this course, students will be able to:</p> <ul style="list-style-type: none"> • clearly show how being skilful in the making of requests, promises and offers can be constructive, powerful and enhance capabilities and business results • be more able to delegate and to get things done • understand & appreciate the theory of Language as Action - Speech Acts • create a collaborative and supportive context in which exploration, practice and self-assessment of the impact of these competencies can begin • improve self-awareness and understanding of own contribution to leadership challenges • appreciate how improving your usage of requests and promises can make you a more effective leader
<p>Content outline and assessment plan</p>	<p>Do you often feel overwhelmed? Frustrated that people are not doing what you want them to do? Resentful that others don't do as much as you do? Do you ever hold back from involving others in helping to complete tasks?</p> <p>This workshop is designed to help you understand the power and importance of clear requests and promises in making things happen.</p> <p>Course Outline:</p> <ul style="list-style-type: none"> • Understand your personal barriers to making effective requests • Explore the pitfalls of making responsible promises • Uncover how build trust or restore it • Explore the impact of all of this on your leadership effectiveness • Give clear guidelines on how to make effective requests to have things done by others • Clarity on how to respond effectively when requests are made of one - i.e., to make responsible promises/commitments • How to notice and manage offers made and received <p>There is no formal assessment, however 100% attendance is required, which also includes observation and experience of quality classroom participation by the lecturers.</p>